

Guidebook

Choose your favorite from many experiences



Classes & Workshops

For the Curious You

do-it-yourself
sports
yoga
cocktail making
culinary
vocational
arts
knitting
dance
health & safety

tango

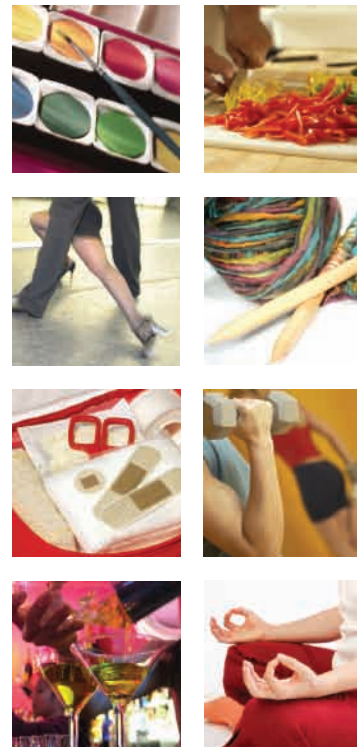
vocational
 dance
 health & safety
 arts
 outdoor fitness
 culinary
 photography
 yoga
 cocktail making
 sports
 do-it-yourself

Welcome to Giftybox®

Dogs may get too old to learn new tricks, but for people, learning can be an enriching, lifelong process. The satisfaction and enjoyment we get from mastering a new skill or broadening our knowledge is something we never outgrow. To help you satisfy your thirst for knowledge, Giftybox® has assembled a collection of classes, workshops and seminars on a dazzling variety of activities in cities around the country.

Spice up your culinary skills with a cooking class. Get in the swing with dance lessons. Maybe you'd like to learn to make the perfect martini, or get in touch with your inner spirit through yoga or meditation. Sometimes the fun of it is just to try something new, something you've never done before. Go for it! Give it a try! With this Giftybox®, class is always in session.

Suggestions or comments?
 Contact us at www.giftybox.com/contact



07	CHOOSE BY ACTIVITY	
	Arts	08
	Culinary	12
	Dance	16
	Do-it-yourself	20
	Health & safety	24
	Sports	28
	Vocational	32
	Yoga	36
41	CHOOSE BY CITY	
	Atlanta	42
	Boston	46
	Chicago	50
	Dallas	55
	Denver	58
	Houston	61
	Los Angeles	64
	Miami	69
	New York City	73
	Philadelphia	84
	San Diego	87
	San Francisco	90
	Seattle	93
	Washington DC	96

Table of contents

How your Giftybox® works.....	04
Activation & upgrades.....	05
Notes.....	99
The Giftybox® collection.....	100
Terms & conditions.....	102

Gift Experience

Your Gift Pass will entitle you to:
Any single class/course available at the time of Gift Pass redemption



Duration: 2hr.

Availability: Mon–Fri 9:00am–5:00pm
(Subject to availability; reservations required)

What's included: Wines for sampling along with nibbles

Location: Various locations; contact venue for details

Reservations & Inquiries:
Call (770) 668-0435
www.atlantawineschool.com

Atlanta Wine School

Atlanta

Most people drink to live... we live to drink

Do you suffer from “pinot envy”? Wish you could tell a cabernet from a chardonnay without reading the label? The Atlanta Wine School offers an array of classes, seminars and wine tastings to bolster the confidence of wine novices and complement the knowledge of more serious connoisseurs and collectors.

The AWS staff believes learning about wine should be as much fun as drinking it, so classes are structured to be enjoyable – but informative – social events. Courses rotate through the year; choose from introductory tastings to advanced courses in purchasing and cellaring fine wines. Class size is limited, so be sure to call in advance.

Highlights:

- Learn how to pair wines with cheeses for the best taste combinations
- Every class offers at least ten different wines for tasting
- Private or corporate wine events can be arranged

You might want to know: AWS director Michael Bryan also edits the e-newsletter *Connect With Wine*. It offers articles, wine news and links to notable wine blogs.

Culinary Institute Alain & Marie LeNotre

Houston

A world-class culinary institute for beginners, amateurs or chef students

If you're a serious foodie, this is the perfect place to hone your cooking skills. Whether you want to train to become a professional chef or just want to dazzle your friends and family, you can learn the techniques of classic French cuisine from international master chefs.

For those with professional aspirations, the institute offers Fast Track Diploma or Associate Degree programs in culinary and pastry arts. Not looking for a new career? Sign up for one of their delicious monthly Chef's Club classes or wine-tasting dinners at area restaurants.

Highlights:

- Culinary summer camp for teens and adults
- Corporate team-building events available
- Monthly gourmet dinners and wine tastings

You might want to know: Co-owner Alain LeNotre is the son of world-renowned French chef and restaurateur Gaston LeNotre.

Gift Experience

Your Gift Pass will entitle you to:
One "Hands On" Chef's Club class



Duration: 2hr. 30min.

Availability: Day and evening classes available Mon–Fri
(Subject to availability; reservations required)

What's included: All tools, equipment, food and beverages

Location: Houston, TX

Reservations & Inquiries:
Call (713) 692-0077
Toll-free (888) LENOTRE (
www.lenotre-alain-marie.com

Gift Experience

Your Gift Pass will entitle you to:
One 4-week session for any group lesson of your choice at your level



Duration: 1hr. per class

Availability: Mon–Fri 10:00am-9:00pm, Sat 11:00am-5:00pm, Sun varies monthly

What to bring/wear: Appropriate dancing shoes and clothing

Location: Chicago, IL

Reservations & Inquiries:
Call (312) 427-2572 (42-SALSA)
www.latinstreetdancing.com

Latin Street Dancing

Chicago

Where salsa is more than a dance... it's a way of life

Spice up your life with dance classes at Latin Street Dancing. Try salsa, merengue and much more, at levels from beginner through expert. The atmosphere is informal, the instructors are passionate about what they do, and their enthusiasm is infectious.

Classes are held on weekday evenings and weekends, as well as concerts and special events such as weekly salsa, retro salsa and Latin rock nights at area clubs. All things Latin Dance can be found at Latin Street Dancing.

Highlights:

- Kids' Latin dance lessons for ages 5 and up
- Bands, DJs, dancers, instructors, judges and organizers available for your next event
- Private lessons and group workshops can be held at the studio or at your location

You might want to know: Latin Street Dancing is the home to three dance groups: a student La Rueda team, Mosaico, an apprentice dance group, and the professional Chicago Latin Street Dancing Company.

Sonny Newman's Dance Hall

Seattle

Learn the sophisticated art of the Argentine tango

To those who know the tango, it's more than a dance, it's a form of communication. If you've ever wanted to delve into this beautiful, sensual dance, Sonny Newman's is the place to come. Having trained with world-renowned dancers, Sonny has been sharing his love of tango for the last 20 years.

Beginner group lessons are offered throughout the week. If you prefer, private lessons are available. The big fun comes at the weekly dances, or "milongas", which feature a pre-dance lesson. If tango is not your thing, Sonny also offers classes in swing dance, waltz, salsa and more.

Highlights:

- 2,000 sq. foot sprung wood floor
- Monthly waltz and blues nights
- Classes in NIA also available

You might want to know: Teacher and choreographer Sonny Newman studied at the Juilliard School of Music and Dance, and trained with renowned dancer Jose Limon.

Gift Experience

Your Gift Pass will entitle you to:
One 8-week Beginning Argentine Tango course with Sonny & Nancy Newman



Duration: 1hr. 30min. per class

Availability: Day and evening classes
(Please contact venue for class schedules and availabilities)

What to bring/wear: Dance shoes are recommended but not required; shoes that leave black marks on the floor are not allowed

Location: Seattle, WA

Reservations & Inquiries:
Call (206) 784-3010
www.tangoseattle.com

Gift Experience

Your Gift Pass will entitle you to:
One class for one person in wire working; learn basic techniques and how to make simple earrings



Duration: 1hr. 30min.

Availability: By appointment
(Please check website for class schedules and availabilities)

What's included: Materials and use of tools

Location: Boston, MA

Reservations & Inquiries:
Call (617) 868-8600
www.beadworksboston.com

Beadworks Boston

Boston

Make your own original jewelry with beads from around the world

The idea of an open-display bead store was introduced to the Boston area in 1990. Since then, Beadworks has been the place to come for serious jewelry makers, designers and casual hobbyists alike.

Want to try your hand at beading? Sign up for one of the group classes in stringing, knotting and wire work. You'll learn the basic techniques for designing and creating beautiful jewelry items, to wear yourself or give as gifts. Class size is limited, so be sure to call in advance.

Highlights:

- Two locations in the Boston/Cambridge area
- Serving Boston area beaders for over 15 years
- Stones and featured projects change with the season

You might want to know: Got a question about beads, stones or jewelry making? You can check the online *Beadopedia* on the Beadworks website.

Artikal

New York City

Crochet your own hat in one afternoon in a fun, creative workshop

Designer Holly Slayton began crocheting hats 13 years ago. Over the years, she has expanded her business, adding more styles and more hatmaking techniques. Today she sells to New York boutiques, and ships hats all over the world.

Learn the basics of hatmaking at one of Holly's workshops. In the basic workshops, you can crochet a hat, poncho or a scarf. More advanced workshops include free-form hatmaking and crocheted handbag-making. Have a question about a project? Bring it to Open Studio Night.

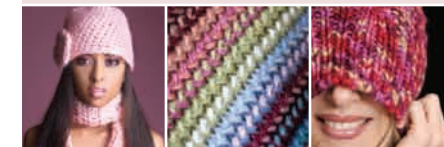
Highlights:

- Learn from an experienced, patient teacher
- Workshops limited to 5 students
- Work in a real hatmaker's studio

You might want to know: Holly has been featured on HGTV's "Crafters Coast to Coast" with her basic cloche hat demonstration.

Gift Experience

Your Gift Pass will entitle you to:
One basic hat workshop; leave wearing your own crocheted hat!



Duration: 3hr. 30min.

Availability: By appointment
(Please contact venue for class schedules and availabilities)

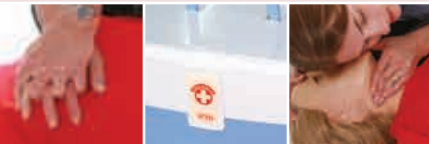
Location: New York City

What's included: All materials and supplies

Reservations & Inquiries:
Call (212) 260-0278
www.artikal.com
workshop@artikal.com

Gift Experience

Your Gift Pass will entitle you to:
One CPR or first aid class



Duration: 4–6hr.

Availability: Classes start at 9:00am on Sat, year-round
(Please contact venue for class schedules and availabilities)

Location: Various locations; contact venue for details

Reservations & Inquiries:
Call (708) 927-1581
www.barneslifesavers.com

Barnes LifeSavers**Chicago****Life saving techniques taught in a relaxed atmosphere**

Barnes LifeSavers offers classes in CPR and first aid to individuals, community groups, businesses and professional organizations. Dedicated instructors are accredited by national health and safety organizations including the American Health and Safety Institute.

Additional classes include: Event/Tradeshow First Aid Coverage, Professional Provider CPR, Automatic External Defibrillation (AED), Fire Safety, Community CPR, Asthma Education and more.

Highlights:

- Appropriate for individuals as well as professional first responders
- Refresher courses available
- Valuable life skills anyone can learn

You might want to know: BLS offers customized classes for businesses and organizations, at your office or in one of our classrooms.

Frontline Health**New York City****Life Saving for individuals, community groups and professionals**

Frontline Health provides CPR and First Aid classes for individuals and organizations such as schools, summer camps, clubs, and community groups. Classes are conducted onsite by authorized instructors according to the standards of the American Red Cross and the American Heart Association.

Classes for individuals are given several times a month, and are open to a maximum of 10 people. Advanced training is also available for professional first responders and caregivers.

Highlights:

- Fun, non-threatening approach helps students learn more easily
- Group training available onsite
- Frontline Health has trained police, teachers and other professionals

You might want to know: Frontline offers all lifesaving, first aid and CPR courses required by the Dept. of Health for lifeguards and other summer camp personnel.

Gift Experience

Your Gift Pass will entitle you to:
Training in adult CPR with AED
from a certified instructor



Duration: 3hr. 45min.

Availability: Classes typically held every other Sat
(Subject to availability; reservations required)

What's included: CPR booklet, CPR breathing mask, certification card from the American Red Cross

Location: Various locations; contact venue for details

Reservations & Inquiries:
Call (212) 983-5389
www.frontlinehealth.com

Gift Experience

Your Gift Pass will entitle you to:
Six classes of beach volleyball fitness on South Beach



Duration: 1hr. per class

Availability: Daily 6:00am-8:00pm; class is 2 days a week, 1hr. sessions on Mon & Wed or Tue & Thu and are typically between 6:00am-9:00am or 6:00pm-9:00pm (Subject to availability; reservations required)

Location: Miami Beach, FL

Reservations & Inquiries:
Call (773) 387-1198
www.volleyballpros.com

Volleyball Pros

Miami

Professional volleyball instruction right in the heart of South Beach

What better place to get in shape and learn beach volleyball than right on Miami Beach's South Beach. The sun, sand and water add to the relaxed atmosphere and turn workouts and drills into good fun. Volleyball Pros offer classes, clinics and camps for adults and children.

Instruction is available for all levels. Learn the basics, work on specific skills or join a league for some friendly competition. For younger players, there's an extensive children's program for kids as young as five years old, with after-school and weekend classes as well as summer volleyball camps.

Highlights:

- Classes available every day
- Many instructors are professional volleyball players
- Kids' classes include educational drills

You might want to know: Volleyball Pros is affiliated with the national organization Volleyball Professionals.

RoadFit

New York City

Where big kids come to play (and get fit!)

Feel like a kid again as you run through the parks and streets, using common urban fixtures such as benches, stairs and street lamps to achieve your fitness results. During one of RoadFit's results-oriented sessions, expect to work up a sweat, burn calories, get fit – and have a great time doing it!

CEO and founder Eric Von Frolich and his partner Debra Strougo are considered to be two of the city's most in-demand trainers and fitness instructors. Let their team's experience and enthusiasm help you improve your body, your health and your outlook.

Highlights:

- Outdoor group workouts in neighborhood parks and other locations
- Private sessions arranged to accommodate your schedule
- All levels of fitness welcome, with workouts tailored to your abilities

You might want to know: RoadFit also offers customized one-on-one and partner training, corporate fitness programs and therapeutic massage services. RoadFit techniques have been featured in numerous periodicals as fun and effective ways to lose weight.

Gift Experience

Your Gift Pass will entitle you to:
One group outdoor class for two people



Duration: Up to 1hr. 15min.

Availability: Evening and weekend sessions available; schedule varies based on season (Subject to availability; reservations required)

What to bring/wear: Dress in weather-appropriate clothing; bring as few valuables/belongings as possible

Location: Various locations; contact venue for details

Reservations & Inquiries:
Call (646) 414-4160
www.roadfit.com
info@roadfit.com

Gift Experience

Your Gift Pass will entitle you to:
One class of your choice: film, theater, dance, music, makeup or modeling



Duration: 1hr.

Availability: Mon–Fri 9:30am-5:30pm
(Subject to availability; reservations required)

Location: Los Angeles, CA

Reservations & Inquiries:
Call (323) 934-6280
www.steinleinproductions.com

Steinlein Productions

Los Angeles

Develop your talents for a career in film or modeling

Do you see yourself walking the catwalk as a runway model? Or maybe your ambitions are more behind-the-scenes, as a makeup artist for film or fashion. Steinlein Productions is a multi-entertainment company offering classes and workshops for models and makeup artists.

Programs are designed to give you real-world industry exposure. Classes feature hands-on experience plus individual coaching. Whether you're training for a career or just looking to improve your poise and appearance, you'll get an individual program tailored to your needs and goals.

Highlights:

- Programs include sessions on business and management
- Classes taught by industry professionals
- Located in the heart of Hollywood, near major film studios

You might want to know: Owner/director Iris Steinlein comes from three generations of dancers and musicians. She has performed throughout the world.

Authentic Bartending School

Philadelphia

Bartending instruction from industry professionals

Authentic Bartending School has been in business for 35 years. It was developed by industry professionals including bartenders, managers and owners of all types of establishments from restaurants to neighborhood pubs.

Students learn bartending from scratch, from teachers happy to share their years of experience. Learn the tricks of the trade, from drink mixing and pouring to management responsibilities, to – most important – maximizing tips!

Highlights:

- Day, evening and weekend classes
- All locations licensed by the State Dept. of Education
- Lifetime job placement assistance at no extra cost

You might want to know: The course includes the T.I.P.S. program (Training Intervention ProcedureS), designed to teach serving alcohol responsibly.

Gift Experience

Your Gift Pass will entitle you to:
One introductory orientation class



Duration: 4hr.

Availability: Mon–Fri 10:00am-2:00pm, 2:00pm-6:00pm & 6:00pm-10:00pm
(Subject to availability; reservations required)

Location: Philadelphia, PA

Reservations & Inquiries:
Call (800) TEND-BAR
www.authenticbartendingschool.com

Gift Experience

Your Gift Pass will entitle you to:
Five classes of your choice



Duration: Up to 1hr. 30min. per class

Availability: Classes held Mon–Thu
(Please contact venue for class schedules and availabilities)

Location: Chicago, IL

Reservations & Inquiries:
Call (312) 503-9642
www.yogastate.com

Yoga State School & Studio

Chicago

A yoga program designed around your goals

What would you like to get out of your yoga class? That's what you may be asked by your teacher at this tranquil, student-centered establishment. He or she will then draw on a vast reservoir of tools and techniques to help you achieve those goals, whether you're looking to improve your physical, mental or spiritual well-being.

Yoga State School offers daily group classes in yoga and tai chi for all levels, as well as workshops by nationally-known instructors. You can schedule a private session and let an instructor create individual yoga sequences for you. Let a licensed massage therapist work the kinks out. Or sign up for an in-depth meditation or yoga workshop. Workshops fill up fast; call to reserve a spot.

Highlights:

- Teacher training available in yoga and meditation
- Classes are personalized and accessible; beginners encouraged
- Massage techniques include sports massage, deep-tissue, acupressure and others

You might want to know: Director Steve Richardson is a practitioner of the viniyoga approach, which means “to do what is necessary for the individual.”

East West Yoga & Health Center

San Diego

Gain strength and flexibility... turn stress into harmony

Bring balance and well-being into your daily life with the practice of yoga. East West Yoga is a spacious, tranquil studio hosting a diverse mix of both Eastern and Western holistic techniques. In addition to several forms of yoga, classes are offered in meditation, pilates and capoeira.

Group classes are available at all student levels, and drop-ins are welcome. The atmosphere is non-competitive, allowing you to progress at your own rate. Choose from day, evening or weekend classes. Call in advance to reserve your spot.

Highlights:

- Fully equipped yoga room with maple floors and a yoga rope wall
- Free Sunday afternoon community practice sessions
- All instructors and therapists are certified professionals

You might want to know: The practice of yoga is over 6,000 years old, but it is only in the last 50 years that it has taken hold in American culture.

Gift Experience

Your Gift Pass will entitle you to: An introductory three-class series to begin your journey of self-discovery through yoga



Duration: Up to 1hr. 30min.

Availability: Open daily, first class 6:00am, last class 7:30pm
(Subject to availability; reservations required)

What's included: Use of all mats and props

Location: San Diego, CA

Reservations & Inquiries:
Call (619) 687-7747
www.eastwestyoga.com